



The research commercialisation office of the University of Oxford, previously called **Isis Innovation**, has been renamed **Oxford University Innovation**

All documents and other materials will be updated accordingly. In the meantime the remaining content of this Isis Innovation document is still valid.

URLs beginning www.isis-innovation.com/... are automatically redirected to our new domain, www.innovation.ox.ac.uk/...

Phone numbers and email addresses for individual members of staff are unchanged

Email: enquiries@innovation.ox.ac.uk

Parkinson's Disease Quality of Life Questionnaire (PDQ-39)

Due to having Parkinson's disease,

how often during the last month have you...

Please tick one box for each question

		Never	Occasionally	Sometimes	Often	Always or cannot do at all
1.	Had difficulty doing the leisure activities which you would like to do?					
2.	Had difficulty looking after your home, e.g. DIY, housework, cooking?		Q			
3.	Had difficulty carrying bags of shopping?					
4.	Had problems walking half a mile?					
5.	Had problems walking 100 yards?					
6.	Had problems getting around the house as easily as you would like?					
7.	Had difficulty getting around in public?					
8.	Needed someone else to accompany you when you went out?					

Please check that you have *ticked one box for each question* before going onto the next page.

how often during the last month have you...

Please tick one box for each question

		Never	Occasionally	Sometimes	Often	Always or cannot do at all
9.	Felt frightened or worried about falling over in public?					D
10.	Been confined to the house more than you would like?			7.		
11.	Had difficulty washing yourself?					
12.	Had difficulty dressing yourself?		0			
13.	Had problems doing up buttons or shoe laces?					
14.	Had problems writing clearly?					
15.	Had difficulty cutting up your food?					
16.	Had difficulty holding a drink without spilling it?					
17.	Felt depressed?					
18.	Felt isolated and lonely?					

Please check that you have <u>ticked one box for each question</u> before going onto the next page.

how often during the last month have you...

Please tick one box for each question

		Never	Occasionally	Sometimes	Often	Always
19.	Felt weepy or tearful?					
20.	Felt angry or bitter?					Ji
21.	Felt anxious?			П		
22.	Felt worried about your future?					
23.	Felt you had to conceal your Parkinson's from people?		0			
24.	Avoided situations which involve eating or drinking in public?					
25.	Felt embarrassed in public due to having Parkinson's disease?					
26.	Felt worried by other people's reaction to you?					
27.	Had problems with your close personal relationships?					

Please check that you have <u>ticked one box for each question</u> before going onto the next page.

how often during the last month have you...

Please tick one box for each question

		Never	Occasionally	Sometimes	Often	Always
28.	Lacked support in the ways you need from your spouse or partner? If you do not have a spouse or partner, please tick here					
29.	Lacked support in the ways you need from your family or close friends?					
30.	Unexpectedly fallen asleep during the day?		Q			
31.	Had problems with your concentration, e.g. when reading or watching TV?					
32.	Felt your memory was bad?					
33.	Had distressing dreams or hallucinations?					
34.	Had difficulty with your speech?					
35.	Felt unable to communicate with people properly?					

Please check that you have <u>ticked one box for each question</u> before going onto the next page.

how often during the last month have you...

Please tick one box for each question

		Never	Occasionally	Sometimes	Often	Always
36.	Felt ignored by people?					
37.	Had painful muscle cramps or spasms?					
38.	Had aches and pains in your joints or body?			A		
39.	Felt unpleasantly hot or cold?					

Please check that you have ticked one box for each question.

Thank you for completing the questionnaire.