**Oxford Technology Showcase 2016** Big Healthcare Challenges in chronic disease

# Inflammation quantification for cardiovascular risk characterisation





**Research Centre** 

Oxford Biomedical National Institute for Health Research

NHS



# Developing an advanced biomarker of Coronary Artery Disease using common CT imaging

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# Cardiovascular disease is the #1 killer in industrialised nations

### Significant economic burden **£169 billion** in EU and **\$394 billion** in US per year

Current diagnostic methods identify **structural changes** in the vascular wall when disease is already **non-reversible** 

The challenge is to detect CVD early, when it is still reversible

https://www.bhf.org.uk/research/heart-statistics



# Cardiac CT is a widely used non-invasive imaging technique to assess the coronary vessels



- Acquisition lasts around 20 minutes
- Lower levels of radiation with the newest CT scanners
  - Minimal risk to patients
    - Easily accessible















# CT angiography is the only non-invasive method that detects coronary artery disease

 Cardiac CT is undertaken to <u>exclude</u> coronary disease, or for <u>risk</u> <u>prediction</u> (Calcium score)

https://www.nice.org.uk/sharedlearning/ct-coronary-angiography

 >95% of cardiac CTs show "non-significant coronary artery disease" and patients are discharged without further management



# **Current clinical practice is unable to correctly identify patients at risk**

However...

 50% of heart attacks happen in patients with 'NON-SIGNIFICANT' coronary artery disease, as "minor" inflamed plaques rupture

Can we identify these subjects with inflamed coronaries and treat them to prevent disease development and heart attacks?



#### **Current management of cardiovascular risk**

General population

Education and lifestyle interventions

#### High risk subjects

(diabetes, dyslipidemias, smoking, hypertension etc)

Treatment of the risk factors

#### Early disease stages

(Reversible damage)

Aggressive RF control, high dose statins

#### **Established disease**

(High cost-prevention of events)

#### **Events**

Heart attacks, strokes, etc Very high cost to prevent CV death

> Cardiovascular Deaths N₀1 Killer !



#### **Current management of cardiovascular risk**

If we detect vascular inflammation, we can treat to prevent:

- a) Disease development
- b) Disease progression
- c) CV events and CV death



# **Vascular inflammation**



# We have developed a **novel method** that quantifies vascular inflammation non-invasively, and **detects the "vulnerable patient"**.



#### **Our scientific breakthrough**





#### So, what is "FAI"?

 a new index that quantifies fat cell size non-invasively, by quantifying the shift of attenuation related to the balance between the aqueous/lipophilic phases

Margaritis et al; Circulation 2013;127(22):2209-21 Antonopoulos A et al Diabetes 2015 64(6):2207-19 Antonopoulos A et al Circ Res 2016; 118(5):842-55

## **Fat Attenuation Index:**

## A potential biomarker for 'vulnerable plaques'

- >50% of heart attacks are caused by highly inflamed but anatomically non-significant atherosclerotic plaques
- Detecting "vulnerable plaques" has been hailed as the 'holy grail' of cardiovascular disease diagnostics



### CT after a heart attack

# Fat Attenuation Index: An advanced biomarker for CVD risk

- <u>Non-invasive</u> biomarker
- Detects <u>vascular inflammation</u> (a reversible condition) at any disease stage
- Detects <u>vulnerable (inflamed) plaques</u> that lead to heart attacks
- Can be applied <u>retrospectively</u> to existing scans and <u>prospectively</u> into existing care pathways at no additional scanning cost
- Could be a "game changer" in terms of modifying clinical practice



## **Fat Attenuation Index:**

## Improving cardiovascular risk stratification





# There are multiple opportunities in the cardiovascular diagnostics market

- **10 million** patients received a CT scan in the US last year (10% growth)
- **40 million** patients had an indication for a CT scan in the US last year
- Market for diagnosing/treating vulnerable plaques is expected to reach \$10 billion over the next decade



# **Summary**

- Unmet need: To identify and treat patients with <u>inflamed/vulnerable</u> coronary artery plaques prevent heart attacks
- Novel biology: Perivascular fat "senses" vascular inflammation and changes its structure
- **New technology**: Allows non-invasive detection of vascular inflammation, by tracking the changes in perivascular fat.
- Commercial pull: Strong Targets the multi £B market of cardiovascular primary and secondary prevention



## **Next steps**



### Questions

