

## Manchester-Oxford Foot Questionnaire (MOxFQ)

English version for the United Kingdom

Prior to completing the Questionnaire please complete the following:-

## Today's Date:

On which side of your body is the affected joint, for which you are receiving/have received treatment.

Left L

Right L

Both

**If you said 'both'**, please complete the <u>first</u> questionnaire thinking about the <u>right side</u>. A second questionnaire, for the left side, will follow.

	During the past 4 weeks this has applied to me:					
	I have pain in m	y foot/ankle	2			
	None of the		Some of the			
	time	Rarely	time	time	All of the time	
2.	During the pas	t 4 weeks	this has applie	d to me:		
	I avoid walking long distances because of pain in my foot/ankle					
	None of the	<b>5</b> .	Some of the			
	time	Rarely	time	time	All of the time	
3.	<b>During the pas</b>	t 4 weeks	this has applie	d to me:		
	I change the wa	y I walk due	to pain in my fo	oot/ankle		
	None of the	ъ .	Some of the		AU C.I. I.	
	time	Rarely	time	time	All of the time	
4.	During the pas	t 4 weeks	this has applie	d to me:		
	I walk slowly bed	cause of pai				
	None of the	Parely	Some of the	Most of the	All of the time	
	None of the time	Rarely	Some of the time	time	All of the time	
		Rarely			All of the time	
5.			time	time	All of the time	
5.	time	t 4 weeks	time  this has applied	time	All of the time	
5.	During the pas I have to stop an None of the	t 4 weeks	time  this has applied foot/ankle because Some of the	time d to me: se of pain Most of the		
5.	During the pas I have to stop ar	t 4 weeks	time  this has applied foot/ankle because	time  d to me: se of pain	All of the time  All of the time	
5.	During the pas I have to stop an None of the	t 4 weeks	time  this has applied foot/ankle because Some of the	time d to me: se of pain Most of the		
5.	During the pas I have to stop ar None of the time	t 4 weeks and rest my f	time  this has applied foot/ankle because Some of the time	time  d to me: se of pain Most of the time		
	During the pas I have to stop an None of the	t 4 weeks and rest my f Rarely	time this has applied foot/ankle because Some of the time	time  d to me: se of pain Most of the time  d to me:	All of the time	
	During the pas I have to stop an None of the time  During the pas I avoid some had None of the	t 4 weeks and rest my f Rarely  t 4 weeks and or rough	time this has applied foot/ankle because Some of the time this has applied surfaces because Some of the	time  d to me: se of pain Most of the time  d to me: e of pain in m Most	All of the time	
	During the pas I have to stop ar None of the time  During the pas I avoid some har	t 4 weeks and rest my f Rarely	time this has applied foot/ankle because Some of the time this has applied surfaces because	time  d to me: se of pain Most of the time  d to me: e of pain in m Most	All of the time	
	During the pas I have to stop an None of the time  During the pas I avoid some had None of the	t 4 weeks and rest my f Rarely  t 4 weeks and or rough	time this has applied foot/ankle because Some of the time this has applied surfaces because Some of the	time  d to me: se of pain Most of the time  d to me: e of pain in m Most	All of the time	
	During the pas I have to stop an None of the time  During the pas I avoid some had None of the	t 4 weeks and rest my f Rarely  t 4 weeks and or rough	time this has applied foot/ankle because Some of the time this has applied surfaces because Some of the	time  d to me: se of pain Most of the time  d to me: e of pain in m Most	All of the time	

7.	<b>During the past</b>	: 4 weeks	this has applied	d to me:		
	I avoid standing for a long time because of pain in my foot/ankle					
	None of the		Some of the		A.I. 6.1	
	time	Rarely	time	time	All of the time	
8.	3. During the past 4 weeks this has applied to me:					
	I catch the bus o foot/ankle	r use the ca	ar instead of wall	king, because	of pain in my	
	None of the		Some of the	Most of the		
	time	Rarely	time	time	All of the time	
	<u> </u>		<u>—</u>			
9.	<b>During the past</b>	: 4 weeks t	this has applied	d to me:		
	I feel self-conscio					
	None of the		Some of the	Most of the		
	time	Rarely	time	time	All of the time	
10.	<b>During the past</b>	: 4 weeks	this has applied	d to me:		
	I feel self-conscio	ous about th	ne shoes I have	to wear		
	None of the		Some of the		AH CH 11	
	time	Rarely	time	time	All of the time	
		. ( 🗆 ) .				
				_		
11.	<b>During the past</b>					
	The pain in my fo	oot/ankle is		<del>-</del>		
	None of the time	Rarely	Some of the time	Most of the time	All of the time	
	CHITC	Kareiy				
12.	During the past	: 4 weeks t	this has applied	d to me:		
	I get shooting pa					
Y	None of the	,	Some of the	Most of the		
) '	time	Rarely	time	time	All of the time	

13. During the past 4 weeks this has applied to me:					
	The pain in mwww.	•	events me from	carrying out	my
	None of the time	Rarely	Some of the time	Most of the time	All of the time
14. During the past 4 weeks this has applied to me:					
	I am <u>un</u> able to do all my social or recreational activities because of pain in my foot/ankle				
	None of the time	Rarely	Some of the time	Most of the time	All of the time
<b>15.</b>	During the p	ast 4 weeks	<u>.</u>		
	How would yo	u describe the	pain you usually	<u>y</u> have in your	foot/ankle?
	None	Very mild	Mild	Moderate	Severe
16. During the past 4 weeks					
Have you been troubled by pain from your foot/ankle in bed at night?					
	No pights	Only 1 or 2	Como nighto	Most pights	Every pight
	No nights	nights	Some nights	Most nights	Every night

Finally, please check that you have answered <u>every question</u>.

Thank you very much.

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